

Cambridge Food Co-op

The Cambridge Food Co-op opened in 1976 as a member-owned and run not-for-profit corporation. The Co-op is dedicated to serving its Members and the community with wholesome foods at affordable prices. At the same time it works to support local agriculture and small businesses.

Everyone is welcome at the Co-op. We rely entirely on members to operate the store each day, determine the regulations and rules, elect members of the Advisory Board and, in general work toward the goals and principles expressed in our by-laws.

The Co-op is working to support local food products and agriculture.

Membership

Membership privileges are for a household.

Benefits of membership include:

- Discounts on in-store and pre-order purchases
- Weekly fresh fish pre-order
- Knowing you are part of a thriving business in your community

To join the Co-op, please stop by the store, fill out an application, and make your annual membership payment. Supporting members are eligible for their discount immediately. Working members need to complete training and a shadow shift before they are eligible for the working discount.

Cambridge Food Co-op

1 West Main Street
Cambridge, NY
(518) 677-5731

villcoop@gmail.com

www.cambridgefoodcoop.com

Hours

Monday 8-6
Tuesday 8-6
Wednesday 8-6
Thursday 8-8
Friday 8-6
Saturday 10-6
Sunday 10-2:30



Cambridge Food Co-op Membership Options

Four Membership Options,
One Great Co-op

Join today!

Membership Options



SUPPORTING MEMBERSHIP

(Non-working)

- Annual member-owner equity fee of \$20 per household, non-refundable
- Register discount of 2%
- Pre-order discount: cost + 35%
- No work requirement



WORKING MEMBERSHIP

(Single or double)

- Annual member-owner equity fee of \$20 per household, non-refundable
- Register discount of 15%
- Pre-order discount
 - single membership: cost + 20%
 - double membership: cost + 10%
- Single membership requires one 3 and $\frac{3}{4}$ hour shift per month per household
- Double membership requires two 3 and $\frac{3}{4}$ hour shifts per month per household



SUPER WORKER MEMBERSHIP

(Committed weekly shift worker)

- Annual member-owner equity fee of \$20 per household, non-refundable
- Register discount of 22%
- Pre-order discount cost + 10%
- Available to a limited number of members by application to the manager



LIFETIME MEMBERSHIP

(May be supporting or working)

- One-time equity investment fee of \$500 or more, non-refundable
- Register discount depends on whether supporting or working (2% or 15%)
- Membership card kept at register
- Pre-order discount depends on whether supporting or working

ALL MEMBERSHIPS

- Membership cards kept at register to be presented at checkout.
- Members experiencing financial hardship may apply for a waiver of the annual fee in exchange of working an extra shift during that year.
- Regularly-scheduled special discount offerings and sale events will be offered throughout the year for all members.



Shift Hours

Monday – Friday shifts available:

- 8:00 am to 11:45 am
- 9:45 am to 1:30 pm
- 1:30 pm to 5:15 pm
- 2:15 pm to 6:00 pm

Additional Thursday shifts:

- 10:30 am to 2:15 pm
- 4:15 pm to 8:00 pm

Saturday shifts available:

- 9:45 am to 1:30 pm
- 1:30 pm to 5:15 pm
- 2:15 pm to 6:00 pm

Sunday shifts available:

- 10:45 am to 2:30 pm

Work + Training = Responsibility

New members begin with a training shift to introduce themselves to Co-op operations. The Member then works a regular $3\frac{3}{4}$ hour shift, shadowing a current Member shortly after the training.

Double working members work a second shift during the first month and then two shifts each month thereafter.

Members are encouraged to attend the Annual & Semi-Annual Membership meetings and any special meetings that may be called. The Advisory Board welcomes participation of members in its monthly meetings. Meeting notices are posted on the bulletin board.